

Lesson Three: Using My Plan Online

When deciding on a career, you want to make sure you make the right decision. One resource that provides information on careers and education that may help you decide is myplan.com. Users can create an account to track information, take assessments, explore career options and see what educational opportunities are needed.

STANDARDS ALIGNMENT

North Carolina Essential Standards Guidance

- 001.09 Apply knowledge of learning styles to positively influence school performance.
- I. CR.2.2 Apply job readiness skills to seek employment opportunities and related academic opportunities.

North Carolina Professional Career Development Coordinator Standards

- Standard IV.b. Help students develop global employability skills.

ISTE Standards for Students

- Empowered Learner 1.a
Students articulate and set personal learning goals, develop strategies leveraging technology to achieve them and reflect on the learning process itself to improve learning outcomes.

Workforce Development Standards

- 20 CFR Parts 676, 677, and 678: Workforce Innovation and Opportunity Act is designed to help job seekers access employment, education, training, and support services to succeed in the labor market and to match employers with the skilled workers they need to compete in the global economy. Programs are based on eligibility.

STUDENT OBJECTIVES

At the close of the lesson, learners will be able to say... I can

- create my user account and start tracking my information.
- navigate myplan.com to explore careers and educational video

MATERIALS NEEDED

- Computer with internet access for each participant
- Plain white paper for each participant for taking notes

DELIVERY SUGGESTIONS

Computer access is needed, with a maximum of 16-20 participants.

The following lesson is appropriate for:

- middle school students
- high school students
- adult learners

INSTRUCTIONS

1. State and share **I can** statements with learners, so they will know the purpose of the lesson.
2. Have each participant visit <https://www.myplan.com/> and create a user account.
3. Have each participant take the free Career Values Assessment. There are several paid assessments, if they would like to do that on their own; but in class, they should only take the free assessment.
4. Each participant should explore the Careers Tab. They can compare results from Traitify and/or My Next Move to see any differences.
5. If time allows, each participant can explore the Colleges and Majors tab. It may be more beneficial to have the participants visit their local community college website to see what courses are offered in their chosen career field.
6. Review the **I can** statements, asking participants if they agree with the statements.
7. Next Steps: Participants can meet with Career Advisors at their local NCWorks Career Centers to discuss training options, potential funding options through WIOA, jobs available, and other career/job search information.
8. You may choose to ask participants to provide formal feedback by accessing the following link: <https://conta.cc/3Cx9sSO>

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LESSON CONTRIBUTOR

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